



Cud is gross!

The words of a gossip are like choice morsels; they go down to a man's inmost parts.

Proverbs
18:8 & 26:22

When we continue to stuff or swallow the hurt and pain deep within our hearts, deep within our inmost beings, we are like a cow chewing the cud. When we don't give the hurt and pain to God in the manner He intended, we are stuffing it deep inside.

When this happens Proverbs 18:8 & 26:22 becomes true in our lives. Then when we least expect it, when something reminds us of the past hurt, we burp it up and chew on it some more. Do you see how we can become like a cow chewing the cud?

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